

Benefits *from the heart*

2024 Open Enrollment

OCT. 9 – OCT. 23, 2023



**EXPLORE THE SITE TO
LEARN ABOUT 2024
BENEFIT CHANGES**

Go to ParklandBenefits.org to
learn about our programs.

**PARKLAND OFFERS MANY
OPTIONS FOR LEARNING
ABOUT YOUR BENEFITS**

See the meeting schedule on
page 3.

**CIGNA TO ADMINISTER
MEDICAL, PHARMACY &
DENTAL BENEFITS**

Is a PPO or HDHP with an HSA
right for you and your family?

**Office of
Talent Management**

People first, for the health of our community



Parkland

Care. Compassion. Community.

Parkland Health Open Enrollment Checklist Oct. 9 – 23, 2023

Your benefit elections will be effective Jan. 1, 2024.

1 LEARN ABOUT 2024 BENEFIT UPDATES.

- ✓ Read this Open Enrollment brochure.
- ✓ Go to **ParklandBenefits.org**, where you'll find information about your benefit programs. From this award-winning website, you'll find what's new for 2024, benefit program details, rates, steps on how to enroll and more.
- ✓ Watch this year's video at **ParklandBenefits.org**. The video will be available during the week of Oct. 9. This video can help you make decisions regarding your benefits in 2024. To view the video properly, enable sound on your computer. If your monitor does not already have speakers, you can connect ear buds to your computer.

2 ACTION REQUIRED EVERY YEAR IF YOU WANT TO:

- ✓ Sell Paid Time Off (PTO).
- ✓ Verify/reverify your spouse's access to other health care coverage through his/her employer. If you do not take this step by Nov. 30, 2023, and want to cover your spouse under the Parkland Employee Health Plan (PEHP), you will pay the spousal surcharge.
- ✓ Enroll in a Health Care or Dependent Care FSA.
- ✓ Enroll in a Health Savings Account (HSA) if you are participating in the HDHP. If you do not make a new HSA election during Open Enrollment, you will not receive Parkland's HSA contribution for 2024.

3 TO ENROLL OR MAKE CHANGES, go to PeopleSoft (MyParkland) at:

- ✓ **<https://hr.parklandhealth.org/pshr/signon.html>**. If you are enrolling using a non-Parkland device, register for remote self-service access through DUO. The **registration link** can be found at the bottom of every screen at **ParklandBenefits.org**. For technical issues, contact the Technical Support Center at 214-590-5999.

4 DON'T WANT TO TAKE ACTION ON ITEMS IN STEP 2 ABOVE? HAPPY WITH YOUR OTHER BENEFITS DESCRIBED ON PAGE 6?

If so, no action is required during Open Enrollment. Remember, Open Enrollment is your once-a-year opportunity not only to change your benefit elections but also to verify that your current mailing address and contact information on file are accurate. We also ask that you confirm your emergency contacts on file.

5 IF YOU HAVE QUESTIONS AFTER REVIEWING ALL MATERIALS:

- ✓ Click on Submit OTM Requests 24/7 from the home page of the OTM Service Portal.
- ✓ Call OTM Shared Services at 469-419-3000 (ext. 7-3000), Monday through Friday from 7:30 a.m. to 5 p.m.

Benefits from the heart

Read this guide, visit our benefits website, attend our Benefits Fair and watch our video to help you decide what "*Benefits from the heart*" are right for you and your family in 2024. Go to **ParklandBenefits.org** for details on our 2024 programs.

IN-PERSON BENEFITS FAIR

Attend our first in-person Benefits Fair since 2019. Vendors will be available to answer your plan-specific questions on two days - Monday, Oct. 16, from noon to 7 p.m. and Tuesday, Oct. 17, from 7:30 a.m. to 5 p.m. The Benefits Fair is a great time to learn more about your 2024 benefit programs, an important part of your total rewards package at Parkland Health.

CAN I CHANGE MY BENEFITS COVERAGE DURING THE YEAR?

In accordance with federal law, you may change your benefit elections during the year only if you have a change in life or employment status. Examples of life events that will enable you to change your coverage include birth or adoption of a child, marriage, divorce or loss of coverage. Review your Open Enrollment elections carefully to be sure that your choices will fit your situation throughout the year.

Change requests for status change event elections must be made within
30 days following the event.

The Big Benefit News for 2024

Open Enrollment is your once-a-year opportunity to change your Parkland Health benefits for the upcoming year. For 2024:

- **NEW!** Cigna will administer our medical and pharmacy benefits.
- **We will not increase benefit premiums for 2024.**
- The Tier 1 copay for a specialist visit in the Preferred Provider Organization (PPO) will decrease from \$50 to \$30.
- You will receive three additional Employee Assistance Program (EAP) visits through Cigna, giving you a total of eight (five visits through ComPsych and three visits through Cigna).

Get the details! Read the [newsletter](#) mailed to your home and watch your Parkland emails. In addition, visit ParklandBenefits.org, and attend our in-person Benefits Fair on Oct. 16 and 17.

Cigna Open Access Plus will become the Tier 2 network for 2024. Watch the **How the Medical Tiers Work video** to gain a better understanding of how the tiers will work. To see if your current providers are in the new Tier 2 network, go to cigna.com and click on "Find a Doctor."

IT'S A TRIPLE FOR CIGNA: MEDICAL, PHARMACY AND DENTAL

Cigna will administer the Parkland Employee Health Plan (PEHP) in 2024: With this change, we expect a better overall experience and more value for you. Here are the top reasons why.

- The Tier 1 copay for a specialist visit in the PPO will decrease from \$50 to \$30. The Tier 2 copay for a PCP visit in the PPO will increase from \$30 to \$35.
- **Easier access to care at Parkland Health** and improved network navigation overall.
 - **Tier 1:** Parkland Health providers (for services provided only at Parkland facilities)
 - **Tier 2:** Cigna Open Access Plus Network (includes services from UTSW and Children's Medical Center providers at non-Parkland facilities, Cook Children's Medical Center, Baylor Scott & White Health, Methodist Health System and THR/Texas Health Resources).
 - **Tier 3:** Out of Network (providers not in Tiers 1 and 2)
- **Three additional Employee Assistance Program (EAP) visits through Cigna** will give you a total of eight (five visits through ComPsych and three visits through Cigna) in 2024.
- **Better integration.** Call **800-247-4433** 24/7/365 to get answers to your medical, pharmacy and dental questions. You can also learn about the Cigna EAP through this number.
- **Emergency room copay in the PPO** is increasing from \$300 to \$350 in all three tiers. For ER visits under the HDHP, you will pay the applicable deductible and coinsurance.
- **Online appointments with MDLIVE** (Cigna's provider for virtual visits, including dermatology and behavioral health). Pay a \$25 copay in the PPO. In the HDHP, pay a \$25 copay after meeting your deductible. MDLIVE will replace Teladoc.
- **Fill prescriptions at Parkland pharmacies and the Cigna Pharmacy Network**, which includes most major pharmacies except for Kroger and Sam's Club.
- **Cigna National Preferred Prescription Drug List** will become the new formulary, a list of drugs covered under the PEHP. If you are taking a drug that the new formulary will no longer cover, Cigna will contact you.

Get to know more about Cigna. Attend an in-person meeting or webinar. See the schedule below.

Mark Your Calendar To Learn About Parkland's Benefits

OPEN ENROLLMENT EVENT	DATE	TIME	LOCATION
Off-Site Benefits Fair	Oct. 13	9 a.m. to Noon	Correctional Health Services, 111 W. Commerce St.
State Fair of Texas	Oct. 14	10 a.m. to 5 p.m.	Near gate 5. See the map .
In-Person Benefits Fair	Oct. 16 Oct. 17	Noon to 7 p.m. 7:30 a.m. to 5 p.m.	Private Dining New Parkland
Population Health Forum	Nov. 2 Nov. 3	1 p.m. to 5 p.m. 8 a.m. to Noon	Fellowship Dallas, 9330 N. Central Expressway
IN-PERSON MEETINGS AND WEBINARS WITH CIGNA			
Meet with Cigna/Benefits	Oct. 10	9:30 a.m. to 10:30 a.m.	Private Dining New Parkland
Meet with Cigna/Benefits	Oct. 10	Noon to 1 p.m.	Moody 01-1116-0118 (behind Starbucks)
Meet with Cigna/Benefits	Oct. 11	1 p.m. to 2 p.m.	Private Dining New Parkland
Meet with Cigna/Benefits	Oct. 11	2 p.m. to 3 p.m.	Private Dining New Parkland
Parkland Employee Health Plan Webinar	Oct. 12	7:30 a.m. to 8:30 a.m.	Virtual via Webex
Parkland Employee Health Plan Webinar	Oct. 12	Noon to 1 p.m.	Virtual via Webex
Parkland Employee Health Plan Webinar	Oct. 12	7 p.m. to 8 p.m.	Virtual via Webex
Parkland Employee Health Plan Webinar	Oct. 19 (Spanish)	Noon to 1 p.m.	Virtual via Webex
Parkland Employee Health Plan Webinar	Oct. 20	Noon to 1 p.m.	Virtual via Webex

Choose Between Two Medical Plan Options

When you enroll in the Parkland Employee Health Plan (PEHP) for 2024, you may choose between these two medical plan options:

- **Option 1: Preferred Provider Organization (PPO).** Pay a higher premium in exchange for more predictable costs at the time of care. Pay copays for services such as doctor's office visits; for other services such as hospitalization, meet the deductible. Then, you and the plan share the costs (coinsurance).
- **Option 2: High Deductible Health Plan (HDHP).** In exchange for lower premiums (\$0 for employee-only coverage), you will pay a higher deductible (in network: \$3,500 for an individual/\$7,000 for family; out-of-network: \$4,000 for an individual/\$20,000 for family) before the qualified HDHP begins paying benefits.



When you enroll in the HDHP, you have another important decision to make. If you elect an HDHP with a Health Savings Account (HSA) through Optum Bank, you will get a Parkland-funded HSA to help you pay for the higher costs in the HDHP. **You will NOT receive Parkland's contribution if you do not elect the HSA, too. You must make a separate election for the HSA in PeopleSoft.**

If you elect to participate in the HDHP with HSA. You will receive these amounts from Parkland (based on your coverage level) each pay period that you are an active employee:

- Employee-only coverage: \$19.24 per pay period (\$500 per year)
- Employee-dependent/family coverage: \$38.47 per pay period (\$1,000 per year)

You may also make contributions to your HSA, up to the IRS limits. The HSA limits for 2024 are \$4,150 for employee-only coverage and \$8,300 for family coverage. These limits include Parkland's contributions shown above. To learn more about the HSA and how much you may contribute, go to ParklandBenefits.org > Benefits > Health Savings Account. While on the site, you may watch a video about HSAs and use the [calculators](#) to help you determine how much to contribute.

When you enroll in the HDHP with HSA, we encourage you to

- Understand how the HDHP with HSA works before enrolling, and
- Attend a Cigna virtual or in-person meeting about the PEHP, including the HDHP with an HSA.

Cigna will conduct webinars on Oct. 12, 19 (in Spanish) and 20. See the webinar schedule with links on page 3.

Important IRS Rules: If you enroll in an HSA, you may not enroll in Medicare, Tricare or Tricare for Life. You also may not participate in another health plan that is not an HDHP or a Health Care Flexible Spending Account (FSA). If you elect the HDHP with an HSA and have a Health Care FSA for 2023, you will forfeit any remaining balance in your FSA as of Dec. 31, 2023.

Want To Participate in an FSA or HSA in 2024?

At ParklandBenefits.org, you will find a comparison of the plans (under the medical and pharmacy pages) as well as detailed Medical Benefits at a Glance charts for both plans. Review these pages carefully before deciding which plan to elect for 2024. **If you are participating in the PEHP for 2023 and do not make a new medical plan election for 2024, your participation in your current medical plan (PPO or HDHP) will continue for 2024 at the same coverage level.**

However, you must re-elect participation in the:

- **HSA if you are in the HDHP** to receive Parkland's contribution in 2024.
- **FSA to participate in 2024.** See important IRS rules above. Also, see "What is a Flexible Spending Account?" on page 7 for more information.

<div><div>1</div>Welcome Instruction and Video Visited</div> <div><div>2</div>Contact Information Visited</div> <div><div>3</div>Home and Mailing Address Visited</div> <div><div>4</div>Acknowledgement Complete</div> <div><div>5</div>Open Enrollment Complete</div> <div><div>6</div>Summary Page Visited</div>	<div><div>Health Savings Account</div><div>Current: No Coverage New: Health Savings Account \$3,400 Status: Changed</div><div>Pay Period Cost: \$130.77</div><div>Review</div></div> <div><div>Legal Protection Program</div><div>Current: Waive New: Waive Status: Visited</div></div>
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If you elect the HDHP, you must also enroll in the HSA to receive the Parkland contribution. See the "Health Savings Account tile" toward the end of the enrollment page in PeopleSoft to enroll in the HSA.

2024 Biweekly Deductions

The 2024 biweekly payroll deductions for all benefits are available on [ParklandBenefits.org](https://parklandbenefits.org). The good news is that you will see **no increase in payroll deductions for 2024**.

VIEW YOUR 2023 ELECTIONS

To view a summary of your current 2023 elections, log in to **PeopleSoft (MyParkland)** and click on **MyParkland > Benefits > Benefits Details > Benefits Summary**. You will find a listing of all benefit plans in which you are enrolled. Click on each benefit to see the details.

REVIEW YOUR JANUARY PAYCHECK

Deductions for your 2024 benefits will start with the first paycheck in 2024 (dated Jan. 2, 2024). Please review this paycheck to confirm that the payroll deductions reflect your Open Enrollment elections. Report any discrepancies to OTM Shared Services at 469-419-3000 (ext. 7-3000) immediately.

YOUR 2024 BENEFIT COVERAGE CATEGORIES

Our benefit coverage categories for 2024 will include:

- Employee Only
- Employee Plus Children
- Employee Plus Spouse
- Employee Plus Family

PARKLAND EMPLOYEE HEALTH PLAN — PREFERRED PROVIDER ORGANIZATION (PPO)						
Coverage Category	Full-Time Employees Whose Annual Wages Are Tiered...					Part-Time Employees With Benefits
	Under \$35,000	\$35,000 – \$45,000	\$45,001 – \$65,000	\$65,001 – \$100,000	Over \$100,000	
Employee Only	\$33.92	\$48.95	\$63.00	\$78.99	\$82.38	\$130.95
Employee Plus Children	\$92.08	\$128.42	\$162.83	\$199.18	\$233.10	\$343.58
Employee Plus Spouse	\$112.92	\$157.02	\$201.60	\$246.67	\$283.98	\$418.52
Employee Plus Family	\$157.02	\$217.59	\$278.17	\$337.78	\$391.57	\$595.66

PARKLAND EMPLOYEE HEALTH PLAN — HIGH DEDUCTIBLE HEALTH PLAN (HDHP)						
Coverage Category	Full-Time Employees Whose Annual Wages Are Tiered...					Part-Time Employees With Benefits
	Under \$35,000	\$35,000 – \$45,000	\$45,001 – \$65,000	\$65,001 – \$100,000	Over \$100,000	
Employee Only	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$113.70
Employee Plus Children	\$79.95	\$111.50	\$141.38	\$172.94	\$202.39	\$298.32
Employee Plus Spouse	\$98.04	\$136.33	\$175.04	\$214.17	\$246.57	\$363.38
Employee Plus Family	\$136.33	\$188.93	\$241.52	\$293.28	\$339.99	\$517.19

If your salary increases between Open Enrollment and Jan. 1, 2024, the increase may move you into a higher benefit premium salary tier than what you are in during Open Enrollment. This situation especially applies if your current salary level is close to the top of one of the salary tiers.

Covering Your Spouse? Parkland will assess a surcharge for a spouse (with access to health care coverage through his/her own employer) to be covered by the PEHP. The surcharge will be \$75 per pay period. **Watch your mailbox in early November for a packet containing next steps on the verification process. If you do not complete the process by Nov. 30, 2023, or if your spouse has access to health care coverage through his/her own employer, the surcharge will be deducted from your paycheck starting in January 2024. You must repeat this process every year.**

Coverage Category	CIGNA DENTAL		SUPERIOR VISION BY METLIFE
	DHMO	DPPO	VISION
Employee Only	\$5.28	\$16.29	\$3.33
Employee Plus Children	\$11.24	\$43.97	\$5.38
Employee Plus Spouse	\$10.24	\$31.35	\$7.15
Employee Plus Family	\$14.69	\$54.47	\$9.81

To view biweekly rates for all other Parkland benefits, go to <https://parklandbenefits.org/start-here/benefit-deductions/>.

STEPS TO ENROLL ONLINE

STEPS TO ENROLL FOR 2024 BENEFITS ONLINE

Note: If you are enrolling from a non-Parkland device, you must register for remote access through DUO first. Use the link at the bottom of every page at ParklandBenefits.org to **submit a self-service DUO Request**. For technical issues, contact the Technical Support Center at 214-590-5999.

- 1 Visit ParklandBenefits.org and click on the Enroll Now button at the top of each page.
- 2 Log in to **PeopleSoft** using your Network ID & Password (the same ID and Password you use to log on to workstations and/or Epic). If you don't remember your password, the system includes a **Forgot your password** feature. If that doesn't work, call the Service Desk at 214-590-5999.
- 3 After clicking **Sign In**, click on **Open Enrollment**. You can also select Main Menu on the home page, then MyParkland/Benefits/Benefits Details>Benefits Enrollment. Then follow the prompts to enroll.
- 4 After you make your decisions, take a screenshot of your final elections.
- 5 Click **Submit Enrollment**. Then click **Done**. You may return to MyParkland at any time during Open Enrollment to change your elections.

Don't forget! Click **Done** for the system to accept your new elections. Before leaving the enrollment system, save a screen print of your final elections for your records.

It's Easy! Enroll Online During Open Enrollment

WHAT ACTION YOU NEED TO TAKE DURING OPEN ENROLLMENT

Through our online **PeopleSoft Self-Service System**, you can enroll in or change your elections for:

- Medical
- Dental
- Vision
- Life insurance
- Accidental death & dismemberment (AD&D) insurance
- Disability buy-up and buy-down plans
- Legal program
- Health savings account (HSA)
- Flexible spending accounts (FSAs)
- Selling Paid Time Off (PTO)
- Supplemental coverages through MetLife

To learn more about how the above benefit programs work, go to ParklandBenefits.org > **Benefits**. Applicable biweekly rates can be found at ParklandBenefits.org > **Start Here** > **Benefit Deductions** or in PeopleSoft.

You must make a new election during Open Enrollment to sell PTO or enroll in a flexible spending account or a health savings account. If you do not want to make changes to any of the other above items, no action is required other than to verify the accuracy of your mailing address, contact information and emergency contacts in PeopleSoft.

WHAT YOU CAN DO DURING OPEN ENROLLMENT

Parkland's Open Enrollment is scheduled from Oct. 9 through Oct. 23, 2023. Open Enrollment is your once-a-year chance to change your benefit elections. During Open Enrollment, you can do the following for 2024 through PeopleSoft (MyParkland) unless otherwise noted:

- Enroll in or change your coverage in Parkland's benefit programs (medical, dental, vision, health savings account, flexible spending accounts, life and AD&D insurance, legal program and disability buy-up and buy-down plans).
- Add or drop a dependent.
- For the flexible spending accounts and the health savings account, you must re-enroll each year in order to participate.
- Sell Paid Time Off (PTO) that you have earned or will earn in 2024.
- Increase (up to 8 times coverage) or decrease life insurance coverage. Provide evidence of insurability when required.

Dependent Eligibility Documentation Requirements

If you are adding dependents during Open Enrollment, you will be required to submit the appropriate documents to prove your relationship to each dependent. **Watch your mailbox in December 2023 for a packet at your home address on file with Parkland.** The packet will include details on the Dependent Eligibility Verification process. You can also find more information on the required documentation at ParklandBenefits.org > **Start Here** > **Dependent Verification**.

If you do not provide requested information by Jan. 19, 2024, your dependent(s) will be removed from the medical (PEHP), dental and vision plans for 2024.

Action Required Every Year If You:

1 SELL PTO DURING OPEN ENROLLMENT

You may sell up to 40 hours of accrued and future PTO through **PeopleSoft (MyParkland)**. Parkland will pay 100% of your hourly base pay rate for each hour sold. You will receive payment for the PTO that you sell in one lump sum that will be included in your first check in April (April 9, 2024).

2 COVER YOUR SPOUSE UNDER THE PARKLAND EMPLOYEE HEALTH PLAN

For details, see "Covering Your Spouse?" on page 5.

3 ENROLL IN A HEALTH SAVINGS ACCOUNT WITH THE HDHP

See page 4 for details about the HDHP and the HSA. You will make a separate election in PeopleSoft for the HSA. Your election from 2023 will not carry over. You will not receive Parkland's contribution if you do not enroll in the HSA.

4 ENROLL IN FLEXIBLE SPENDING ACCOUNTS

What is a Flexible Spending Account?

A flexible spending account (FSA) allows you to set aside before-tax dollars through payroll deductions to reimburse you for certain types of health care and dependent care expenses. You must make a new election during Open Enrollment to participate in Parkland's Health Care FSA and the Dependent Care FSA in 2024.

When making your elections, confirm that you select the correct FSA.

- **Health Care FSA.** Use this account to reimburse yourself for planned health care expenses for you and your dependents such as copays, coinsurance, deductibles and prescriptions. **The maximum contribution for 2024 is \$3,050.**
- **Dependent Care FSA.** Determine how much you want to contribute to the Dependent Care FSA based on your eligible dependent care expenses (such as child or adult day care) incurred while you and your spouse work. The Dependent Care FSA does not reimburse you for health care expenses for your dependents. You will not receive a debit card if you sign up for the Dependent Care FSA.

How Does the Dependent Care Subsidy Work?

Parkland will pay part of your contribution to a Dependent Care Spending Account if you enroll. The total maximum contribution that can be made on your behalf each year is \$5,000 per household. Of this total maximum contribution:

- The maximum you can contribute is \$4,000.
- The maximum Parkland can contribute is \$1,000.

Parkland's contribution is equal to 25% of the amount that you contribute. The chart provides some examples of how the incentive works with different contribution amounts from Parkland and you.

DEPENDENT CARE FSA CONTRIBUTION SOURCE	EXAMPLES OF DEPENDENT CARE FSA CONTRIBUTION AMOUNTS			
You	\$4,000	\$2,800	\$800	\$400
Parkland	\$1,000	\$700	\$200	\$100
Total	\$5,000	\$3,500	\$1,000	\$500

The total maximum contribution to the Dependent Care Spending Account per year is \$5,000 (\$4,000 from you and \$1,000 from Parkland).

OTHER 2024 UPDATES

- The Supplemental Retirement Plan will become the Supplemental Savings Plan.
- Starting Dec. 13, 2023, Parkland will introduce a new approach to mandatory savings for new hires only.
 - **Full-time employees** working at Parkland as of Dec. 12, 2023 (the pay period end date for the last paycheck in 2023), will continue to participate in the Retirement Income Plan ("Pension Plan") with no change unless you move to part-time status or leave Parkland for any reason and then return. At that point, you would participate in the new Mandatory Savings Plan (MSP) within the Supplemental Savings Plan.
 - **Part-time employees** will continue to contribute 7.5%. Moving forward, part-time mandatory contributions will go into the MSP. If you move to full-time after Dec. 12, 2023, you will not be eligible to participate in the Pension Plan.

Read the **Overview and FAQs** for details.

- Review/update your beneficiaries in the Pension Plan and the Supplemental Savings Plan at **MillimanBenefits.com**. Take a look at your beneficiaries for basic life, supplemental life and AD&D insurance in PeopleSoft
- **Tuition Reimbursement** program maximums will increase to \$5,250 for all degree types (doctoral, master's, bachelor's and associate's) with eligibility starting day one of employment. We will also introduce a new education loan assistance benefit.

DON'T MISS FSA DEADLINES

For reimbursement of eligible expenses from your FSAs, file your claims with PayFlex by the dates shown below. PayFlex is changing its name to Inspira Financial in early 2024.

FLEXIBLE SPENDING ACCOUNT	INCUR EXPENSE BY ...	REQUEST REIMBURSEMENT BY ...
2023 Health Care FSA	March 15, 2024*	March 31, 2024
2023 Dependent Care FSA	March 15, 2024	March 31, 2024

* If you have an FSA for 2023 and enroll in the HDHP with HSA for 2024, the deadline for incurring expenses in your 2023 FSA is Dec. 31, 2023.

2024 Parkland Benefit Resources

For help during this year's Open Enrollment, log on 24/7 to [ParklandBenefits.org](https://parklandbenefits.org) or [Parkland Intranet Home Page > Self Service Portal > Office of Talent Management](#). Use this list of Parkland Benefit Resources to help you contact the vendors when you need them. You can also meet in person with many of these vendors during our in-person Benefits Fair on Oct. 16 (noon to 7 p.m.) and Oct. 17 (7:30 a.m. to 5 p.m.) in the Private Dining Area adjacent to the New Parkland Hospital cafeteria.

AUTO & HOME INSURANCE

Travelers: 1-888-695-4640

Liberty Mutual: 1-800-699-374

CREDIT UNION

Metro Medical Credit Union: 214-630-0611

8200 Brookriver Dr., Suite N 110, Dallas, TX 75247

DENTAL

Cigna Dental HMO & Cigna Dental PPO

1-800-247-4433

Live customer service 24/7/365

[Cigna.com](https://cigna.com)

DEPENDENT VERIFICATION

Impact Interactive — 1-866-691-6551

EMPLOYEE DISCOUNTS

Beneplace

1-800-683-2886

beneplace.com/parkland

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Cigna EAP

1-800-247-4433, cigna.com 24/7/365

ComPsych GuidanceResources®

1-844-216-8399 | GuidanceResources.com

ID: PARKLAND | App: GuidanceResources® Now

EMPLOYMENT VERIFICATION

Group One

<https://groupone.ivrnetworks.com/groupone>

Questions? Email grouponehelpdesk@gp1.com or ddavila@gp1.com.

You can also call 972-719-4208 or 469-648-5052.

FLEXIBLE SPENDING ACCOUNTS

PayFlex

1-800-284-4885 | PayFlex.com

Username: Your employee ID number

Password: Your ZIP code

LEAVE OF ABSENCE MANAGEMENT

Sedgwick

1-844-263-3117

LEGAL PROGRAM

ARAG® Legal Center — 1-800-247-4184

araglegalcenter.com (access code 17502ph)

LIFE INSURANCE (BASIC AND SUPPLEMENTAL)

Securian Financial (Minnesota Life)

1-866-293-6047

lifebenefits.com

MYPARKLAND

PeopleSoft (for online enrollment)

From your Parkland computer: phhs.sharepoint.com

From your home computer: <https://hr.parklandhealth.org/ps/hr/signon.html>

(User ID: Parkland employee number, PeopleSoft password)

OTM Service Portal

parkland.service-now.com/otm

469-419-3000 (ext. 7-3000)

Monday-Friday 7:30 a.m. to 5 p.m.

MEDICAL & PHARMACY

Parkland Employee Health Plan

(For full-time and part-time employees with benefits)

Cigna (includes nurse advocate line) — 1-800-247-4433

cigna.com 24/7/365

Chat online at MyCigna.com or the myCigna® App, M-F, 8 a.m. to 7 p.m. CT

Cigna Pharmacy and Cigna Mail-Order Service*

1-800-247-4433

cigna.com 24/7/365

Chat online at MyCigna.com or the myCigna® App, M-F, 8 a.m. to 7 p.m. CT

*For prescriptions written by Tier 1 and Tier 2 providers that cannot be filled through the Parkland mail-order service

Employee Health Center

4th Floor, Moody Outpatient Center

5151 Maple Ave., 214-590-2800

8 a.m. – 5 p.m. Monday through Friday

Employee Women's Wellness Center

2nd Floor of WISH Tower

469-419-1010 (ext. 7-1010)

8 a.m. – 4 p.m. Monday through Friday

PARKLAND PHARMACIES

Parkland Mail-Order Phone Line — 214-590-1400

Employee-Only Pharmacy Windows

1st floor of Moody Outpatient Center

7 a.m. – 6 p.m. Monday through Friday, 214-266-0013

1st floor of Ron J. Anderson, MD Clinic

24/7, 214-590-6120

Your COPC Pharmacy

Please check with your COPC pharmacy for hours of operation.

C.V. Roman Health Center Pharmacy (formerly RedBird)

3560 W. Camp Wisdom in Dallas, 214-266-5000

(mail order not available)

PET INSURANCE PROGRAM

Nationwide Pet Insurance — 1-877-PETS-VPI (1-877-738-7874)

petinsurance.com/affiliates/parklandhospital_pr

RETIREMENT

Supplemental Savings Plan

and Retirement Income Plan

Milliman — 1-800-995-2608

MillimanBenefits.com (account access)

On-site representative:

milliman3.fullsate.com

Allstate Health Solutions

1-855-909-0181

parklandretire.allstatehealth.com

SUPPLEMENTAL INSURANCE COVERAGES

(CRITICAL ILLNESS, ACCIDENT AND HOSPITAL INDEMNITY)

MetLife

1-800-GET-MET8 (1-800-438-6388)

TUITION REIMBURSEMENT

EdAssist — 1-844-358-1623

Log on through Parkland Pathways

VISION

Superior Vision by MetLife — 1-833-393-5433

metlife.com/vision