

RETAIL PHARMACY DIRECTORY



Participating pharmacies in the Cigna 90 Now network

The Cigna 90 NowSM Program Retail Pharmacy Directory

There are thousands of retail pharmacies in your plan's network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop. Every pharmacy in your plan's network can fill 30-day prescriptions, and a select number of pharmacies can fill 90-day prescriptions.

This is a list of the largest retail pharmacy chains in the United States that participate in the Cigna 90 Now network.¹ It's not a complete list of in-network pharmacies. You can log in to the **myCigna**[®] App² or **myCigna.com**[®] to find more pharmacies in your plan's network.

Remember that with the Cigna 90 Now program, **all 90-day (or 3-month) prescriptions**³ must be filled at a retail pharmacy approved to fill that amount, or through Express Scripts[®] Pharmacy, our home delivery pharmacy (if your plan allows).⁴ In this list, pharmacies that are approved to fill 90-day supplies have an orange 90 (📅) next to them.

Consider using Express Scripts[®] Pharmacy.⁴ They help make fills easy by putting everything at your fingertips.

Home delivery is a convenient option when you're taking a medication on a regular basis. With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice). To learn more, go to Cigna.com/homedelivery.

- ▶ **Easily order, manage, track, and pay for your medications** on your phone or online
- ▶ Standard shipping at **no extra cost**⁵
- ▶ Fill up to a **90-day supply** at one time
- ▶ **Helpful pharmacists** available 24/7
- ▶ **Automatic refills** or refill reminders so you don't miss a dose
- ▶ **Flexible payment options** if you need help paying for your medications



Offered by Cigna Health and Life Insurance Company.

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Pharmacies with an orange 90 (📅) next to them can fill both 90-day and 30 day prescriptions. **For example, Walgreens can fill both amounts.** Any pharmacy listed here that doesn't have an orange 90 next to it is only approved to fill up to a 30-day supply.

ACME® Pharmacy | 📅

Aurora Pharmacy

Bartell Drugs®

Big Y® Pharmacy | 📅

Brookshire Brothers Pharmacy | 📅

Costco® Pharmacy

Cub® Pharmacy

CVS Pharmacy® (includes Target®)

Discount Drug | 📅

Food City Pharmacy

Giant® Pharmacy

Giant Eagle® Pharmacy

Hannaford® Food and Drug

H-E-B Pharmacy

Hy-Vee® Pharmacy | 📅

Ingles Pharmacy

Kinney Drugs®

KMart Pharmacy

Longs Drugs

Marc's® Pharmacy | 📅

Meijer Pharmacy

Navarro Discount Pharmacy

Omnicare Pharmacy

Osco® Drug | 📅

Osco® Pharmacy | 📅

PharMerica®

Price Chopper® Pharmacy | 📅

Publix® Pharmacy | 📅

Rite Aid® Pharmacy

Safeway® Pharmacy | 📅

Savon Drugs | 📅

ShopRite® Pharmacy

Stop & Shop® Pharmacy

Tom Thumb® Pharmacy | 📅

Tops® Pharmacy

Vons® Pharmacy | 📅

Walgreens® | 📅

Walmart® Pharmacy | 📅

Wegmans® Food Market Inc.

Weis Pharmacy | 📅

Winn-Dixie® Pharmacy | 📅



Frequently asked questions

What are maintenance medications?

These are medications you take on a regular basis to treat an ongoing health condition like asthma, diabetes, high blood pressure, or high cholesterol. Maintenance medications are not used to treat a short-term condition like an infection or pain caused by surgery or a broken bone.

What's the Cigna 90 Now program?

It's a program that helps make it easier for you to fill maintenance medications.

- › Provides coverage for 90-day (or 3-month) supplies at select retail pharmacies in your plan's network and through Express Scripts® Pharmacy, our home delivery pharmacy (if your plan allows).⁴
- › Provides coverage for 30-day supplies at all pharmacies in your plan's network.
- › **If you fill a prescription in a 90-day (or 3-month) supply,³ you must use an in-network retail pharmacy that's approved to fill 90-day supplies, or home delivery,⁴ to receive coverage.**
- › Does not include narcotics or specialty medications.

Can any medication be filled in a 90-day supply?

No. For example, medications used to treat a short-term condition, narcotic pain medications and most specialty medications (which are used to treat complex medical conditions) aren't typically available in a 90-day supply.

Are there any benefits to filling a 90-day supply?

Yes. You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy because with a 90-day supply on-hand, you're less likely to miss a dose.⁶

Will I save money by filling a 90-day supply?

It depends on your plan. Log in to the **myCigna** App or **myCigna.com**, or check your plan materials, to learn more about how your plan covers 90-day fills.

Do I need my doctor's approval to switch to a 90-day prescription?

Yes, you'll need a new prescription for a 90-day supply.

Are 90-day prescription fills available through home delivery?

Yes, as long as your plan allows.⁴ Here are three easy ways to switch to home delivery.

1. **Log in to the myCigna App or myCigna.com** to move your prescription electronically. Click on the Prescriptions tab and select My Medications from the dropdown menu. Then click the button next to your medication name to move your prescription(s).
2. **Call your doctor's office.** Ask them to send a 90-day prescription (with refills)³ electronically to Express Scripts Home Delivery. Or,
3. **Call Express Scripts® Pharmacy at 800.835.3784.** They'll contact your doctor's office to help transfer your prescription. Have your Cigna ID card, doctor's contact information and medication name(s) ready when you call.

Can Express Scripts® Pharmacy help transfer my current prescription from my local retail pharmacy?

Yes. Simply call **800.835.3784** and have your Cigna ID card, doctor's contact information and medication name(s) ready when you call. Express Scripts® Pharmacy will do the rest.

I have a 90-day prescription but my pharmacy isn't approved to fill 90-day supplies. How do I switch pharmacies?

Once you find a pharmacy that's approved to fill 90-day supplies, here are two easy ways you can move your prescription:

- › **Call your doctor's office.** Ask them to send your 90-day prescription electronically to your new pharmacy. Or,
- › **If your prescription still has a refill available,** ask the pharmacist at your new pharmacy to contact your current pharmacy to help transfer your prescription.

I want to fill a 90-day supply, but my current prescription is only for 30-days. How do I fill a larger amount?

Call your doctor's office and ask them for a new prescription for a 90-day (or 3-month) supply.³ Then ask them to send it electronically to an in-network pharmacy that's approved to fill 90-day supplies.

Can I choose to fill my maintenance medication in a 30-day supply instead of a 90-day supply?

Your plan may require you to fill maintenance medications in a 90-day supply to be covered. Log in to the **myCigna** App or website, or check your plan materials, to learn more about how your plan covers maintenance medications. If you still have questions, call us at the number on your Cigna ID card. We're available anytime, 24/7. You can also chat with us online on the **myCigna** website, Monday–Friday, 9:00 am–8:00 pm EST.

Can I fill my 30-day prescriptions at the same pharmacy I get my 90-day supply from?

Yes. You can fill your 30-day prescriptions at the same retail pharmacy where you fill your 90-day prescriptions.



1. Participating Cigna 90 Now pharmacies as of February 1, 2023. Subject to change.
2. The downloading and use of the myCigna App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply. Actual App features available may vary depending on your plan and individual security profile. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.
3. Some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
4. Not all plans offer home delivery as a covered pharmacy option. Log in to the myCigna App or website, or check your plan materials, to learn more about the pharmacies in your plan's network.
5. Standard shipping costs are included as part of your prescription plan.
6. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% Proportion Days Covered), 90-day supply vs. those who received a 30-day supply taking antidiabetics, blood pressure medications, and statins.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)
Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LỜI Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

French Creole – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).