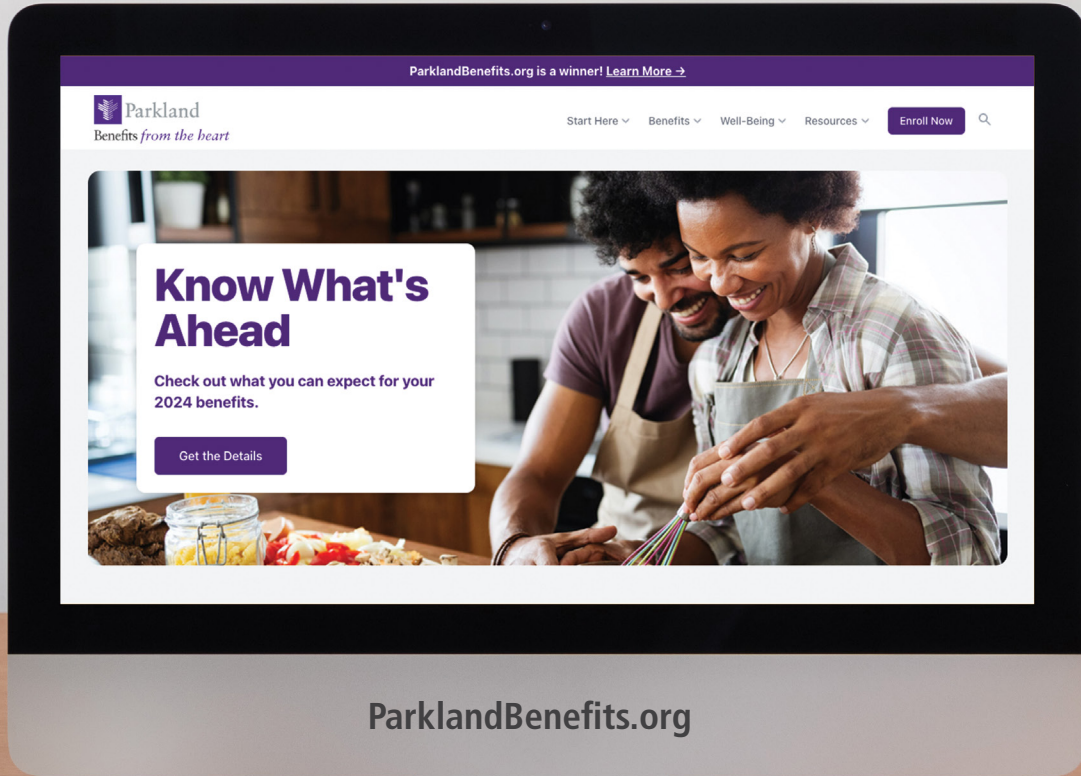


Benefits *from the heart*

Welcome to Parkland Health



Office of
Talent Management

People first, for the health of our community



Parkland

Care. Compassion. Community.

WELCOME TO PARKLAND

Welcome to Parkland Health's diverse family of caregivers

Our exemplary public health system provides staff and clinical support to Dallas County patients, families, friends and the community at large. As you start your career at Parkland and take your life in a new and exciting direction, pause a minute to learn about the valuable total rewards program available.

To help you identify information from the Benefits department in the future, look for **Benefits from the heart** communications. We believe that benefits are a vital part of your employment experience at Parkland. To learn more about our exemplary benefit programs, review the new hire video and brochure at ParklandBenefits.org. See page 6 for details.

The *2024 Parkland Benefits-At-A-Glance* chart on page 3 of this brochure provides a quick overview of Parkland's benefit programs. The *2024 Parkland Benefit Resources* list on page 8 serves as a handy reference when you have a question about one of your benefits. On pages 4 and 5, you will find information on the cost of your benefits.

From ParklandBenefits.org and MyParkland, you may locate benefit information or website links for:

- Medical benefits (**Cigna**) with Health Savings Account (**Optum Bank**)
- Dental benefits (**Cigna Dental**)
- Vision benefits (**Superior Vision by MetLife**)
- Supplemental life and AD&D insurance (**Securian Financial**)
- Flexible spending accounts (**Inspira Financial, formerly PayFlex**)
- Supplemental voluntary insurance coverages (**MetLife**)
- Retirement (**Milliman**)

Our **Benefits from the heart** program recognizes Parkland's heroes on the front line and behind the scenes who take care of others daily. As you become a part of the Parkland family, we are very pleased that you decided to pursue a career at Parkland.



Fred Cerise
MD, MPH
President & CEO



Felicia Miller
MBA, SPHR, SHRM-SCP, CHHR
EVP & Chief Talent Officer

ENROLL FOR YOUR BENEFITS WITHIN 30 DAYS

- **Go to MyParkland** on our PeopleSoft Self-Service System to enroll in your health and welfare benefits (medical, dental, vision, supplemental life and AD&D insurance, flexible spending accounts, health savings account and supplemental voluntary insurance coverages). Go to Start Here > New Hire: How To Enroll at ParklandBenefits.org for information on how to access and use MyParkland. You also name your beneficiary for basic life, supplemental life and AD&D insurance at MyParkland.
- **Full-time employees** will be enrolled automatically in the Supplemental Savings Plan at 2% of pay before-tax. Contact Milliman at MillimanBenefits.com or **1.800.995.2608** to change the amount you are saving and to name your beneficiaries for the Supplemental Savings Plan and the Mandatory Savings Plan. For details on retirement benefits, go to ParklandBenefits.org > Well-Being > Retirement Program. You can also find tips on how to access the website and hotline, and information to help you make saving and investing decisions.

Have questions about the Supplemental Savings Plan or the Mandatory Savings Plan?

The Milliman@Parkland representative can provide answers. To make an appointment, go to Milliman3.fullslate.com or call **ext. 29543**.

Office of Talent Management

People first, for the health of our community

2024 Parkland Benefits-At-A-Glance

BENEFIT	HOW YOUR BENEFIT WORKS AT A GLANCE	PARTICIPATION AND HOW TO ENROLL	WHO PAYS
IMMEDIATELY UPON HIRE			
Mandatory Savings Plan (for employees hired after Dec. 12, 2023)	Full-time employees automatically contribute 6.2%. Parkland contributes to the MSP based on your years of service. Part-time employees automatically contribute 7.5% with no additional contribution from Parkland.	Parkland and Parkland employees contribute to the MSP instead of to Social Security. Full-time and part-time employees are automatically enrolled.	You and Parkland
Supplemental Savings Plan	Contribute up to 75% of pay on a combined before-tax, Roth after-tax or after-tax basis, subject to IRS limits. After one year of service, Parkland matches \$1 for \$1 up to 6% of pay for full-time and part-time-with-benefits employees.	All employees choose whether to participate. Full-time employees will be enrolled automatically at 2% before-tax. You may change your contribution amount, make investment elections and name a beneficiary via the Milliman Benefits Service Center or MillimanBenefits.com .	You and Parkland
Employee Assistance Program (EAP)	Confidential counseling to help when personal problems affect relationships at home and work	Available to all employees and their dependents. No enrollment is required.	Parkland
Medical – Parkland Employee Health Plan - Preferred Provider Organization (PPO) or High Deductible Health Plan (HDHP)	Use providers from Parkland Health, Children’s Medical Center (Dallas and Plano), and Cigna Open Access Plus networks as well as go to out-of-network providers. With the HDHP, you must pay a higher deductible before the plan begins paying benefits.	Full-time and part-time-with-benefits employees choose whether to participate. You may enroll yourself and eligible dependents online through MyParkland. If enrolling your spouse, complete the Working Spouse Health Coverage verification process.	You on a before-tax basis and Parkland
Pharmacy for Parkland Employee Health Plan	Based on prescriber, fill prescriptions at Parkland or Cigna retail pharmacies, or through Parkland or Cigna pharmacy home delivery service.	Employees and their dependents who are covered by the Parkland Employee Health Plan (PPO or HDHP).	You and Parkland
Health Savings Account (HSA)	Save on health care with an HSA if you enroll in the HDHP and elect the HSA. Parkland and you can contribute each pay period up to IRS limits.	Full-time and part-time-with-benefits employees choose whether to participate. You enroll online through MyParkland.	You on a before-tax basis and Parkland
Critical Illness Insurance, Group Accident Insurance and Hospital Indemnity	Offer an extra layer of protection for you and your family when accidents or illnesses occur.	All employees and their dependents may choose whether to participate. You enroll through MyParkland.	You on an after-tax basis
Legal Protection Program	Offers resources to resolve legal matters such as completing a will or creating a power of attorney.	All employees may choose whether to participate. You enroll through MyParkland.	You on an after-tax basis
Pet Insurance Program	Offers financial protection when your pet is injured or becomes ill.	All employees may choose whether to participate. To enroll, call or visit the vendor’s website.	You on an after-tax basis
FIRST DAY OF THE MONTH FOLLOWING YOUR DATE OF HIRE (or on your date of hire if first day of the month)			
Dental	Dental Health Maintenance Organization (DHMO) or Dental Preferred Provider Organization (DPPO)	Full-time and part-time-with-benefits employees choose whether to participate. Enroll yourself and eligible dependents online through MyParkland.	You on a before-tax basis
Vision	Provides vision benefits for routine eye care, including exams, frames and lenses, and contact lenses.	Full-time and part-time-with-benefits employees choose whether to participate. You may enroll yourself and eligible dependents online through MyParkland.	You on a before-tax basis
AFTER 30 DAYS OF EMPLOYMENT			
Supplemental Life Insurance	Choose up to 8 times annual salary (maximum supplemental life benefit of \$1 million) for you as well as coverage for your dependents.	Full-time and part-time-with-benefits employees choose whether to participate. You may enroll yourself and eligible dependents online through MyParkland.	You on an after-tax basis
Accidental Death & Dismemberment (AD&D) Insurance	\$10,000 - \$500,000 coverage for employees only, or \$10,000 - \$500,000 coverage for employees and lower coverage amounts for dependents	Full-time and part-time-with-benefits employees choose whether to participate. You may enroll yourself and eligible dependents online through MyParkland.	You on an after-tax basis
AFTER 90 DAYS OF EMPLOYMENT			
Flexible Spending Accounts (FSAs)	Health Care FSA (if not enrolled in the HDHP) Dependent Care FSA	All employees may choose whether to participate. You may enroll online through MyParkland.	You on a before-tax basis and Parkland
Disability	After 42 consecutive days of disability, the Core Plan pays 50% of your biweekly earnings if you are disabled due to an illness or injury. You may buy up to a 60% benefit or buy down to a 14-day waiting period.	Full-time and part-time-with-benefits employees are automatically enrolled in the Core Plan. You may enroll online through MyParkland for the Buy-Up, Buy-Down and Combined Plans.	Parkland for Core Plan; you (on a before-tax basis) for Buy-Up, Buy-Down and Combined Plans
AFTER 180 DAYS OF EMPLOYMENT			
Basic Life Insurance	For full-time employees, 1½ times annual salary. For part-time-with-benefits employees, ½ times annual salary. Minimum benefit is \$20,000; maximum basic life benefit is \$1 million.	Full-time and part-time-with-benefits employees are automatically enrolled. You name a beneficiary online through MyParkland.	Parkland
Adoption Assistance	Per adoption, full-time employees may receive up to \$10,000 and part-time-with-benefits employees may receive up to \$5,000 (both for up to 2 adoptions per lifetime) for reimbursement of eligible expenses.	Full-time and part-time-with-benefits employees may apply for this benefit on the OTM Service Portal.	Parkland

2024 COST OF BENEFITS AT PARKLAND

Your premiums are based on your coverage level, employment category, pay and the benefit options you choose. The cost of medical, dental, vision and disability benefit upgrades are deducted from your pay on a before-tax basis. You are eligible for certain benefits starting on your date of hire as explained on page 3. Deductions to pay for benefits will start after you enroll. **If you don't complete your enrollment until after we process your first paycheck, Parkland will deduct your first payment retroactively (plus the current payment).** Enroll as soon as you can. Doing so may eliminate the need for a double deduction after the first pay period in which you enroll.

YOUR 2024 BIWEEKLY PAYROLL DEDUCTIONS FOR MEDICAL (PPO AND HDHP)

PARKLAND EMPLOYEE HEALTH PLAN — PREFERRED PROVIDER ORGANIZATION (PPO)						
Coverage Category	Full-Time Employees Whose Annual Wages Are Tiered ...					Part-Time Employees With Benefits
	Under \$35,000	\$35,000 – \$45,000	\$45,001 – \$65,000	\$65,001 – \$100,000	Over \$100,000	
Employee Only	\$33.92	\$48.95	\$63.00	\$78.99	\$82.38	\$130.95
Employee Plus Children	\$92.08	\$128.42	\$162.83	\$199.18	\$233.10	\$343.58
Employee Plus Spouse*	\$112.92	\$157.02	\$201.60	\$246.67	\$283.98	\$418.52
Employee Plus Family*	\$157.02	\$217.59	\$278.17	\$337.78	\$391.57	\$595.66

PARKLAND EMPLOYEE HEALTH PLAN — HIGH DEDUCTIBLE HEALTH PLAN (HDHP)						
Coverage Category	Full-Time Employees Whose Annual Wages Are Tiered ...					Part-Time Employees With Benefits
	Under \$35,000	\$35,000 – \$45,000	\$45,001 – \$65,000	\$65,001 – \$100,000	Over \$100,000	
Employee Only	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$113.70
Employee Plus Children	\$79.95	\$111.50	\$141.38	\$172.94	\$202.39	\$298.32
Employee Plus Spouse*	\$98.04	\$136.33	\$175.04	\$214.17	\$246.57	\$363.38
Employee Plus Family*	\$136.33	\$188.93	\$241.52	\$293.28	\$339.99	\$517.19

* **Covering your spouse?** If your spouse has access to health care coverage through his/her own employer, you will pay a surcharge to cover them under the PEHP (PPO or HDHP). The surcharge will be \$75 per pay period. Watch your mailbox for a packet containing next steps on the Working Spouse Health Coverage verification process. Failure to complete the verification process by the deadline means Parkland will apply the surcharge. You must repeat this process every year.

YOUR 2024 BIWEEKLY PAYROLL DEDUCTIONS FOR DENTAL

CIGNA DENTAL		
Coverage Category	DHMO	DPPO
Employee Only	\$5.28	\$16.29
Employee Plus Children	\$11.24	\$43.97
Employee Plus Spouse	\$10.24	\$31.35
Employee Plus Family	\$14.69	\$54.47

YOUR 2024 BIWEEKLY PAYROLL DEDUCTIONS FOR VISION

SUPERIOR VISION BY METLIFE	
Coverage Category	You Pay
Employee Only	\$3.33
Employee Plus Children	\$5.38
Employee Plus Spouse	\$7.15
Employee Plus Family	\$9.81

2024 SUPPLEMENTAL LIFE INSURANCE RATES

SUPPLEMENTAL TERM LIFE		
Age Range	Biweekly Rate / \$1,000 You*	Biweekly Rate / \$1,000 Your Spouse*
Ages less than 25	\$0.013	\$0.023
Ages 25-29	\$0.016	\$0.028
Ages 30-34	\$0.021	\$0.037
Ages 35-39	\$0.023	\$0.042
Ages 40-44	\$0.026	\$0.046
Ages 45-49	\$0.042	\$0.069
Ages 50-54	\$0.062	\$0.106
Ages 55-59	\$0.114	\$0.198
Ages 60-64	\$0.176	\$0.305
Ages 65-69	\$0.339	\$0.586
Ages 70+	\$0.551	\$0.951

* NOTE: coverage amount for you and your spouse reduces to 65% at age 65 and to 50% at age 70.

Follow these steps to determine costs for your coverage amount:

1. Amount of insurance desired ÷ \$1,000 = Units of coverage
2. Units of coverage times cost (from chart above) = Biweekly cost

Here's an example. You are 35 years old and want to elect \$100,000 in Supplemental Life Insurance coverage for yourself only.

1. $\$100,000 \div \$1,000 = 100$
2. $100 \times \$0.023 = \2.30 biweekly deduction (you will pay this amount each pay period)

FOR YOUR CHILD(REN) UP TO AGE 26	
Coverage Amount	Biweekly Rate / \$1,000
\$5,000	\$0.16
\$10,000	\$0.32
\$15,000	\$0.48
\$20,000	\$0.65

- Your **Voluntary Life Insurance** cost is based on your age and coverage amount.
- Your **Accidental Death & Dismemberment (AD&D) Insurance** cost is based on your coverage amount.

2024 AD&D INSURANCE BIWEEKLY DEDUCTIONS

ACCIDENTAL DEATH & DISMEMBERMENT (AD&D)		
Coverage Amount	Employee Only	Employee and Family**
\$10,000	\$0.09	\$0.10
\$20,000	\$0.18	\$0.20
\$30,000	\$0.26	\$0.30
\$40,000	\$0.35	\$0.41
\$50,000	\$0.44	\$0.51
\$60,000	\$0.53	\$0.61
\$70,000	\$0.61	\$0.71
\$80,000	\$0.70	\$0.81
\$90,000	\$0.79	\$0.91
\$100,000	\$0.88	\$1.02
\$110,000	\$0.97	\$1.12
\$120,000	\$1.05	\$1.22
\$130,000	\$1.14	\$1.32
\$140,000	\$1.23	\$1.42
\$150,000*	\$1.32	\$1.52
\$200,000	\$1.76	\$2.03
\$250,000	\$2.20	\$2.54
\$300,000	\$2.63	\$3.05
\$350,000	\$3.07	\$3.55
\$400,000	\$3.51	\$4.06
\$450,000	\$3.95	\$4.57
\$500,000	\$4.39	\$5.08

* You may buy voluntary AD&D coverage from \$10,000 to \$500,000 (in \$10,000 increments). Your coverage amount cannot be larger than 10 times your base pay. Starting with \$100,000 of coverage, the above chart provides a sampling of rates for various amounts. Rates for every coverage amount are available on PeopleSoft (MyParkland).

** Employee and Family rates apply to employee, spouse and children (up to age 25).

View all rates at ParklandBenefits.org >
Start Here > Benefit Deductions.

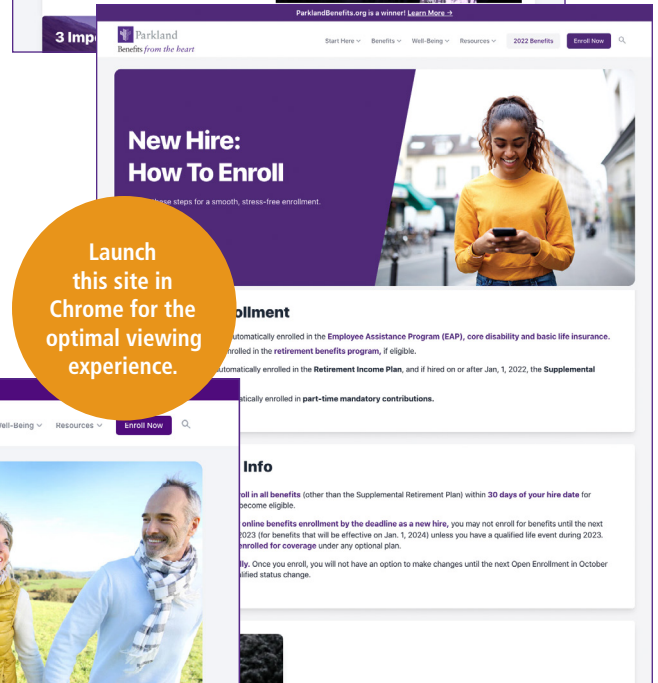
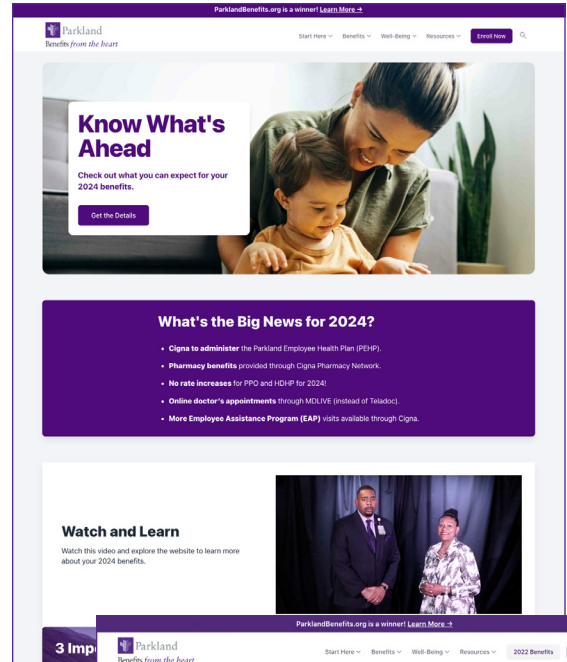
PLAN YOUR VISIT TO PARKLANDBENEFITS.ORG

Welcome to **ParklandBenefits.org**! Use this page to help you explore the site, including benefit program details.

Places You Can Go at ParklandBenefits.org

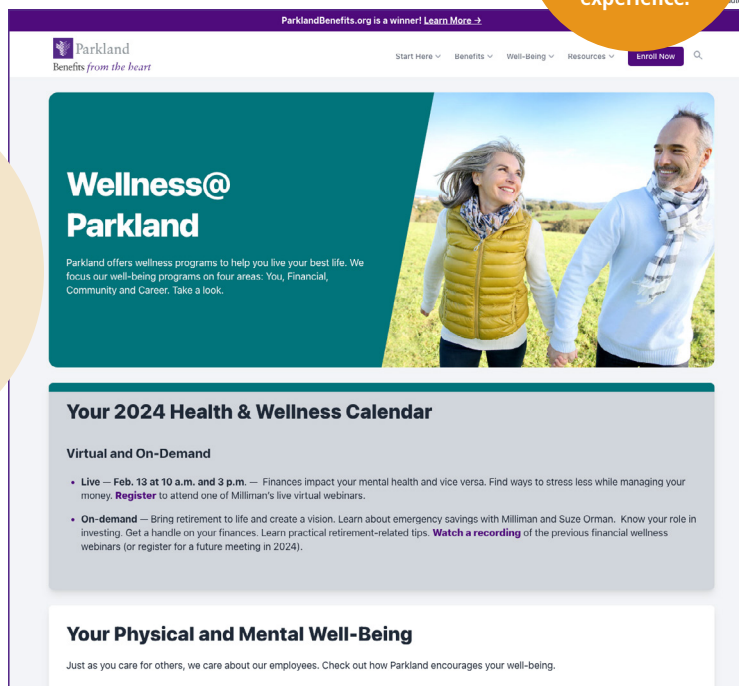
Find everything you need to know about your benefits. After you log on to **ParklandBenefits.org**, go to:

- **Start Here.** View your 2024 benefit deductions and learn how to enroll.
- **Benefits.** Find details about your 2024 Parkland benefits. These pages include how your benefits work, what you pay when you need care and how to contact each vendor.
- **Well-Being.** Take a look at our programs, including Wellness@Parkland, Care Management, Employee Assistance Program, Retirement and Cigna's Lifestyle Management Programs (including weight management, tobacco cessation and stress management for employees in the Parkland Employee Health Plan).
- **Resources.** Watch videos, find contact information for benefit vendors, locate important benefit notices and get answers to common questions.
 - To watch the **new hire video**, go to Resources > Videos.
 - To see the **new hire brochure**, click on Resources > Legal Notices > Other Forms and Documents.
- **Enroll Now.** Follow this link from every page to enroll. To access PeopleSoft from a non-Parkland device, you must have DUO activated. To register for remote access through DUO, use **this link** to submit a self-service DUO Request. Click on TESS, the Virtual Agent.



CAN'T FIND WHAT YOU'RE LOOKING FOR?

Click on the magnifying glass in the top right corner to search the site.



Hover your phone camera over the QR code to access **ParklandBenefits.org**.

Dependent Eligibility Documentation Requirements

If you are enrolling dependents, you will be required to submit the appropriate documents to prove your relationship to each dependent. Watch your Parkland email address and home mailbox for details on how to complete the Dependent Eligibility Verification process. You will need the name, date of birth and Social Security number for your spouse and children.

If you do not complete this process, your dependent will not be covered on your benefits. View this information at ParklandBenefits.org > Start Here > Dependent Verification.

REQUIRED DOCUMENTATION

For a Spouse To Be Covered on Your Benefits in 2024

Documentation Required for Option 1 (Your Most Recent Tax Return)	Submit a copy of your most recent federal tax return showing "Married Filing Jointly" or "Married Filing Separately." Read – Very Important: Acceptable tax documentation is federal tax form 1040 or 1040A. Include only the first page of your most recent federal tax return. Mark out all financial information and the first five digits of all Social Security numbers.
Documentation Required for Option 2 (Marriage Certificate and Joint Ownership)	Submit a copy of your marriage certificate; and submit a copy of proof of joint ownership (mortgage or bank statement, property tax bill or rental/lease agreement). Proof must include both employee's name and spouse's name.

REQUIRED DOCUMENTATION

For Children To Be Covered on Your Benefits in 2024

If your child is ...	Required Documentation
Natural born child of employee up to age 26	Submit only a copy of the child's birth certificate.
Stepchild	Submit a copy of your stepchild's birth certificate and a copy of your marriage license.
Adopted child	Submit a copy of the final adoption order or a copy of the placement order approved by the court. You may also submit the birth certificate if your name is on the birth certificate.
Foster child or legal guardianship	Submit a copy of the court documents showing legal guardianship (with judge's signature or court's seal) and a copy of your most recent federal tax return showing the child listed as your dependent. Mark out all financial information and the first five digits of all Social Security numbers.

Paid Time Off (PTO) and Holidays

In the first year of service at Parkland, full-time and part-time with benefits employees accrue 4.62 hours of PTO each biweekly pay period and 120 hours of PTO for the year. These amounts will increase in future years. You may earn up to 1½ times your annual maximum accrual of PTO. Once you earn the maximum accrual, you will not earn more PTO until you use some of your accrued time. You will also receive one floating holiday that you must use before the end of each year.

Parkland observes the following holidays:

- New Year's Day
- Juneteenth (June 19th)
- Thanksgiving
- Martin Luther King Day
- July 4th
- The day after Thanksgiving
- Memorial Day
- Labor Day
- Christmas Day

TO COVER YOUR SPOUSE IN THE MEDICAL PLAN

Parkland will assess a surcharge for a spouse (with access to health care coverage through his/her own employer) to receive coverage under the PEHP.

The surcharge will be \$75 per pay period. Employees who want to cover their spouses will be required to verify their spouse's access to other coverage by submitting their spouses' employment and benefit status for review and approval.

Watch your mailbox for a packet containing next steps on the verification process. If you do not complete the process or if your spouse has access to health coverage through his/her own employer, the surcharge will be deducted from your paycheck. **You must repeat this process every year.**

COVER YOUR CHILDREN UP TO AGE 26

Children for whom you are the legal guardian and grandchildren for whom you have legal custody are eligible for coverage on your benefits up to age 26. Adult children ages 18 to 26 are eligible for coverage regardless of their student status or legal tax dependency. The 1st of the month following their 26th birthday, your dependent will no longer be eligible and will automatically terminate from your benefits.

ON-SITE MEDICAL & DENTAL SERVICES

Employee Health Center

5151 Maple Ave., 4th Floor of the Moody Outpatient Center
214-590-2800
8 a.m. – 5 p.m. Monday through Friday

Employee Women's Wellness Center

2nd Floor of WISH Tower
469-419-1010 (ext. 7-1010)
8 a.m. – 4 p.m. Monday through Friday

View PTO/holiday details at ParklandBenefits.org > Benefits > Paid Time Off.

2024 PARKLAND BENEFIT RESOURCES

To learn about our benefits, go to **ParklandBenefits.org** or use this list of 2024 Parkland Benefit Resources to help you contact the vendors when you need them. You may also contact Shared Services at **469-419-3000** (ext. 7-3000). You can also find this list at **ParklandBenefits.org > Resources > Benefit Contacts**.

DENTAL

Cigna Dental HMO & Cigna Dental PPO

1-800-247-4433

Live customer service 24/7/365

Cigna.com

Jet Dental (on-site services)

1-801-430-9262 | hello@jetdental.com

DEPENDENT VERIFICATION

Amwins - 866-691-6551

DISCOUNTS

Beneplace (Employee Discounts)

800-683-2886 | phhs.savings.beneplace.com/home

Home and Auto Insurance Discounts

Travelers: 888-695-4640

Liberty Mutual: 800-699-3741

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Cigna EAP

1-800-247-4433 | cigna.com 24/7/365

ComPsych GuidanceResources®

844-216-8399 | GuidanceResources.com

ID: PARKLAND | App: GuidanceResources® Now

EMPLOYMENT VERIFICATION

Group One

<https://groupone.ivrnetworks.com/groupone>

Questions? Email grouponehelpdesk@gp1.com or ddavila@gp1.com. You can also call 972-719-4208 or 469-648-5052.

FLEXIBLE SPENDING ACCOUNTS

Inspira Financial (formerly PayFlex)

800-284-4885 | inspirafinancial.com

User ID: Parkland employee number

Password: Your ZIP code

LEAVE OF ABSENCE MANAGEMENT

Sedgwick - 844-263-3117

LEGAL PROGRAM

ARAG® Legal Center

800-247-4184 | AragLegalCenter.com

Access Code: 17502ph

LIFE INSURANCE (BASIC AND SUPPLEMENTAL)

Securian Financial

866-293-6047 | LifeBenefits.com

MEDICAL & PHARMACY

Parkland Employee Health Plan

(For full-time and part-time employees with benefits)

Cigna (includes nurse advocate line)

1-800-247-4433 | cigna.com 24/7/365

Chat online at MyCigna.com or the myCigna® App, M-F,

8 a.m. to 7 p.m. CT

Cigna Pharmacy and Cigna Mail-Order Service*

1-800-247-4433 | cigna.com 24/7/365

Chat online at MyCigna.com or the myCigna® App, M-F, 8

a.m. to 7 p.m. CT

*For prescriptions written by Tier 1 and Tier 2 providers that cannot be filled through the Parkland mail-order service

Employee Health Center

4th Floor, Moody Outpatient Center

5151 Maple Ave., 214-590-2800

8 a.m. – 5 p.m. Monday through Friday

Employee Women's Wellness Center

2nd Floor of WISH Tower

469-419-1010 (ext. 7-1010)

8 a.m. – 4 p.m. Monday through Friday

Amplifon for Hearing Aid Benefits

888-669-2175 TTY: 711 | amplifonusa.com/cigna

PARKLAND PHARMACIES**

Anderson Clinic/Discharge Pharmacy

(24/7 for ER/Parkland Hospital discharge patients. Pick up refills at the pharmacy of your choice.)

214-590-6120 | 5184 Tex Oak, Dallas

1st floor of Ron J. Anderson, MD Clinic

Moody Outpatient Clinic Pharmacy

214-266-0013 | 5151 Maple Ave., Dallas

1st floor of Moody Outpatient Clinic

Parkland Mail-Order Phone Line

214-590-1400 | M-Th: 8:30 a.m.-5 p.m.;

F: 8:30 a.m.-4 p.m.

Your COPC Pharmacy

M-Th: 9 a.m.-6 p.m. (drop off prescription by 5:30 p.m.);

F: 9 a.m.-5 p.m. (drop off prescription by 4:30 p.m.).

Bluitt-Flowers COPC, 214-266-4310

303 Overton Rd, Dallas

DeHaro-Saldivar COPC, 214-266-0646

1400 N. Westmoreland Rd. Dallas

Garland COPC, 214-266-0662

802 Hopkins St., Garland

Hatcher Station Pharmacy COPC, 214-266-1072

4600 Scyene Rd., Dallas

Your COPC Pharmacy (continued)

C.V. Roman Health Center Pharmacy

(formerly RedBird)

3560 W. Camp Wisdom in Dallas, 214-266-5000

(mail order not available)

Southeast COPC, 214-266-1760

9202 Elam Rd., Dallas

To request refills from your COPC pharmacy, call the refill number shown above for the COPC where you wish to pick up your prescription. If you have no refills remaining, still call and the pharmacy will contact your physician. This process can take up to 72 hours.

**Only for prescriptions written by a Tier 1 provider at a Parkland facility

MY PARKLAND

PeopleSoft (for online enrollment)

From your Parkland computer: <http://Intranet.pmh.org>

From your home computer:

<https://hr.parklandhealth.org/pshr/signon.html>

User ID: Parkland employee number

Password: PeopleSoft password

PET INSURANCE PROGRAM

Nationwide

877-PETS-VPI (1.877.738.7874)

PetInsurance.com/affiliates/parklandhospital_pr

RETIREMENT

Milliman Account Access:

800-995-2608 | www.MillimanBenefits.com

Dedicated Milliman@Parkland Representative:

<http://milliman3.fullslate.com>

SUPPLEMENTAL INSURANCE COVERAGES (CRITICAL ILLNESS, ACCIDENT AND HOSPITAL INDEMNITY)

MetLife - 800-GET-MET-8 (1-800-438-6388)

TUITION REIMBURSEMENT

EdAssist - 844-358-1623

Log on through Parkland Pathways

VISION

Superior Vision by MetLife

833-393-5433 | metlife.com/vision

COBRA/DISABILITY VERIFICATION

866-218-0614 | admins@cushionbenefitsportal.com

FOR 24/7 HELP

OTM Service Portal
parkland.service-now.com

OTM Shared Services
469-419-3000 (ext. 7-3000)

ParklandBenefits.org
Resources > Benefit Contacts

Enroll Within 30 Days of Your Hire Date

While making your benefit decisions, review these helpful resources. Remember, you must enroll within 30 days of your hire date, change in employment status or life event. Otherwise, you will not be eligible for benefits until the next annual Open Enrollment period. You will enroll for your health & welfare benefits (medical, dental, vision, supplemental life and AD&D insurance, flexible spending accounts, health savings account and supplemental voluntary insurance coverages) from MyParkland on the PeopleSoft Self-Service system. **If you don't complete your enrollment until after your first paycheck is processed, Parkland will deduct your first payment retroactively.** 03/01/2024